

cultiver
cuisiner
partager



food
people
community

Activity Report Appendix - Santropol Roulant

Report in the context of mission funding from the
Programme de soutien aux organismes communautaires

March 31, 2023

Please note that our 2022 Annual Report provides the majority of the data required for reporting. To complement this information, here is some additional data.

1. Demonstration of compliance between the activities carried out by the organisation and the objectives of its charter and the health and social services mission of the organisation

The nature and number of activities are detailed in the 2022 annual report.

2. Demonstration of the community's contribution to the organisation's activities:

○ **Human resources (e.g. sharing of resources or services):**

In 2022, our partners provided the following human resources: graphic design services, knowledge and skills exchanges, photography services and professional training from organisations listed on page 21 of our annual report. We were also privileged to work with Les Offices jeunesse internationaux du Québec (LOJIQ) to provide stable temporary human resources in the form of paid volunteers, organised through our volunteer program and paid by the partner.

We also collaborated with McGill University's Food Analytics program and Software for Love to develop a database that will help us manage the growing number of people willing to engage in Santropol Roulant's programs.

○ **Material resources (e.g. loan of space or equipment) :**

In 2022, our partners provided the following resources: donations of cleaning and disinfecting products and personal protective equipment, donations of vegetables from Moisson Montréal, loans of equipment and donations of vegetables to partner farms or organizations, donations of food for the Meals-on-Wheels service and the volunteer program, gifts and materials for community events/deliveries, kitchen equipment, etc. Partners contributing material resources or professional services valued at more than \$500 are listed on page 28 of the annual report, in the In-Kind & Other Donations section. Sanitary equipment to deal with the ongoing viral situation was provided free of charge by the team of the Service régional de soutien aux activités communautaires et itinérance of the CIUSSS du Centre-sud-de-l'île-de-Montréal.

○ **Financial resources (e.g. donations)**

Our sources of income are listed on page 24 of the annual report. Further details are available in our 2022 financial statements.

- **Volunteers and activists (e.g. number, hours, etc.)**

We benefit enormously from the involvement of volunteers in our community. It is difficult to estimate the number of volunteers involved (due to the flexibility of volunteer schedules and the fact that these schedules are self-directed), but we estimate that approximately 1,500 volunteers, including 692 new volunteers welcomed at 52 welcome sessions, contributed 26,110 hours across our programs in 2022. Volunteer shifts last on average three hours.

In 2022, volunteer recruitment was done in partnership with : Accès bénévolat, Centre d'action bénévole de Montréal, Centre d'action bénévole Bordeaux-Cartierville, McGill University (Community Health Alliance Project - CHAP, McGill Students for Santropol), Marianopolis College, Les Offices jeunesse internationaux du Québec (LOJIQ), John Abbott College, YMCA Québec, Centraide (corporate volunteering), our corporate partners (corporate volunteering) and especially through word of mouth. The complete list of community partners can be found on page 21 of the annual report.

- **References by other organisations:**

Each of our Meals-on-Wheels clients are referred by a health professional, either a family doctor or a social service worker from a CLSC. In 2022, we collaborated with 10 CLSCs, the Centre intégré universitaire de santé et de services sociaux du Centre-Ouest-de-l'Île-de-Montréal, the Centre d'action bénévole de Montréal and a number of clinics and organizations that are listed on page 21 of the annual report.

3. Demonstration of the organisation's dynamism and commitment to its community and its involvement and cooperation with community resources:

- **Concertable tables in which the organisation participates:**

Members of our staff team sit on concertation tables such as: Corporation de développement communautaire Plateau-Mont-Royal, Coalition pour le maintien des aînés dans la communauté, Table de concertation sur la faim et le développement social du Montréal métropolitain, Cultiver Montréal, Réseau pour une Alimentation Durable, and Alliance 3e âge

- **The position of the organisation's members in working groups or committees:**

We were present on the following committees or groups in 2022: Member of the Coopérative pour l'Agriculture de Proximité Écologique, Centre d'action bénévole de Montréal, Regroupement des popotes roulantes du Québec, Union des producteurs agriculteurs.

Within the Regroupement de popotes roulantes de Québec, our Meals-on-Wheels Manager, Laura Marec, continued her position as a director.

- **Concertation or collaboration with different stakeholders (CSSS, municipalities, etc.) :**

We collaborated with the Centres intégrés universitaires de santé et de services sociaux du Centre-Ouest-de-l'Île-de-Montréal and Centre-Est-de-l'Île-de-Montréal, the City of Montréal and the borough of Plateau Mont-Royal, UQAM, Udm and McGill University.

Also in 2022, we continued our partnership with the City of Montreal for the management, harvesting and animation of the garden of the Cité des Hospitalières de l'Hôtel-Dieu.

- **Consultation or collaboration with other organisations :**

We are a welcome space for many, many organizations who want to deepen their community's knowledge of agriculture, safety and social inclusion. Their engagement with the Roulant often takes the form of a tour of our facilities and services, sometimes co-creating workshops in which our communities learn from each other, or simply sharing tools. On many occasions, Santropol Roulant is also called upon to present or explain its services to inspire change, sometimes at presentations or conferences.

Our teams were trained during the year by HEC Montreal, and Soul Fire Farms.

In 2022, we decided to join the Community Food Centres Canada (CFCC) network by becoming a Good Food Organization (GFO).

The distribution of frozen meals and organic vegetables from our urban gardens to marginalized populations continued throughout 2022 thanks to our partners Partage & Solidarité and the Native Friendship Centre of Montreal. Additional vegetables from the farm were donated to Corbeille de pain Lac-Saint-Louis and Pôle logistique alimentaire de l'Ouest-de-l'Île. This year, we partnered with the adult mental health program of the CIUSSS Centre-Sud-de-l'île-de-Montréal, the work reintegration organization Travail Sans Frontières, and various organizations such as the National Institute for Equity, Equality and Inclusion of People with Disabilities and the Miriam Foundation, which supports individuals with neurodevelopmental disorders. We held two workshops with people experiencing homelessness, in partnership with Comm-Un, Old Brewery Mission and La Porte Ouverte.

Other collaborations were developed in the form of agricultural activities, especially for youth. A complete list of community partners can be found on page 21 of the annual report.

The volunteer collective Les Fruits Défendus distributed one third of the urban fruit harvested by volunteers in 2022 to the following organisations: Action Centre-Ville, Community Fridge - Bâtiment7, Community Fridge - La Petite Patrie, Coopérative de solidarité la place commune, Couvent Hotel-Dieu, Cuisine collective d'Hochelaga Maisonneuve, Épicerie Le Détour au Bâtiment 7, La Maison d'Aurore, Maison de Quartier de Villeray, Share the Warmth - Partageons l'espoir, Un Plant de Tomate à la Fois.

- **Involvement in special events (e.g. conferences, annual parties, etc.) :**

In 2022, we participated in the colloquium École d'été sur l'agriculture urbaine organized by Laboratoire sur l'agriculture urbaine, Cultivons le Plateau, the Sainte-Anne-de-Bellevue Farmers Market, in the Volunteer Appreciation Week as well as the Meals-on-Wheels Week, and in the round table Tarification social organized by the Pôle de l'entrepreneuriat collectif de l'Est de la Montérégie

- **Participation in joint activities with other organisations:**

Santropol Roulant organized joint urban agriculture workshops with Jardin pour tous at the Groupe jardins de la Corporation de développement communautaire Plateau-Mont-Royal. After 10 years of selling weekly CSA baskets, the Roulant decided to adjust its peri-urban farm model at the source and strengthen its agricultural ties with its West Island neighbours. Along with Les Jardins Carya and D3Pierres, the Roulant's farm joined the Collectif Récolte project, Système alimentaire local et intégré à Montréal (SALIM), to collectively offer and coordinate the distribution of our products across Montreal. In addition to supplying our Meals-on-Wheels kitchen, we were able to sell vegetables to 6 neighbouring hospitals and local schools and other organizations working in the field of food security.

4. Demonstration of response to community needs:

- **Opening times to the community served :**
 Opening hours: Monday to Saturday from 9:15 am to 6:15 pm
 Number of days and evenings: 6 days/week
 Number of weeks and months: 52 weeks per year, 12 months per year
 We remain open on public holidays
- **Information and consultation activities and tools (e.g. leaflets, newsletter, etc.) :**
 Information and awareness-raising meetings: information sessions in 2022: 52 (in-person and virtual)
 Newsletters: we send one electronic newsletter per month
- **Seminars, website, training sessions;**
 Training sessions: 4 workshops (one in urban agriculture, 3 cooking workshops)
 Website: santropolroulant.org
 Social media: facebook.com/sroulant, Linkedin.com/company/santropol-roulant, instagram.com/sroulant
- **Link between the activities carried out, the services offered and the needs of the community (history, mission, new needs, etc.):**
 See Annual Report 2022.
- **Territory currently served :**
 Our activities span the island of Montreal, from the Senneville farm to the 8 downtown neighbourhoods covered by the Meals-on-Wheels service, the 14 neighbourhoods served by our frozen meal and urban agriculture distribution partners, and the 8 neighbourhoods supported by the urban fruit distribution by the volunteer collective Les fruits défendus.
- **Number of people reached by the organisation's public activities (awareness raising, media activities, forums, conferences, etc.) :**
 In 2022, we estimate that over 10,000 people will have been reached through our virtual and on-site public events, advocacy activities, social media posts, newsletters, word of mouth, and extensive media coverage.
- **Number of people reached by the organisation's individual and group activities :**
 In 2022, we estimate that 4,000 to 6,000 people were reached through our services, through the distribution of frozen meals and organic vegetables via our partners, the distribution of urban fruit to partner organizations by the volunteer collective Les fruits défendus, through other volunteer collective activities such as the bike workshop, through our intergenerational and community events, through our workshops, and through our social entrepreneurship services.

5. Demonstration of democratic functioning (holding of general assemblies and board meetings):

- **Nominal list of board member ;**
- **Background of board members (public sector, private sector, community - including participants -, employees);**

Name	Role	Background
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Lorenzo Daieff	Chair	Private sector, donor
Tara Bhardwaj	Vice-president	Community, former team member, donor
Athanasios Mihou	Treasurer	Community, farmer
Gabrielle Paris Gagnon	Secretary	Private sector
Jon Kalina	Member	Community, volunteer, donor
Jenny Loughran	Member	Private sector, donor
Claire Aubert	Member	Community, volunteer, donor
Eloise Haliburton	Member	Public sector (government), former staff member, donor
Alice Feuillet	Member	Community, volunteer, donor

6. Number of members of the organisation ;

2216

7. Number of people attending the Annual General Meeting (AGM);

Total number of registrations = 148

Number of participants in person = 109

Number of virtual participants = 17

Number of registered members = 138

Number of non-members registered = 10

Number of members voting online and in person = 122

Number of members voting in person = 88

Number of members voting remotely = 34